

“Boundaries” Book Study Course

Lesson # 7

This lesson will teach you about boundaries and your job.

(chapter 11) Boundaries and Work

1. Are you constantly doing a coworker's job? How can you stop this?
2. Are you constantly working too much overtime? Write your plan to end this.
3. How can you arrange your priorities at work best?
4. Do you have a difficult coworker? Remember-you can only change YOU. How can you change your reactions to this person?
5. Is your boss or a coworker super critical? How can you deal best with this person?
6. Are you having trouble with an authority at work? Is this transference? Explain. How do you intend to deal with this problem?

7. Do you expect your job to meet emotional needs? How can you meet these needs in a healthier way?

8. Are work related issues ruling your life? How can you change this?

9. Is your job where you believe God wants you to be, or people?

10. What talents do you have? How can you develop them?

Notes:
