

"The Lady, Her Lover And Her Lord" Book Study Course

Lesson #2 --Her Lover

Chapter 7: " Embracing Someone Else"

1. What was the first thing that attracted you to your husband? What keeps you attracted to him today?
2. Consider this: are you truly your husband's lover (as defined in this chapter)? Is he truly yours?
3. Does your husband satisfy your mind, body and soul? Some people make loving gestures differently- think about what he does for and to you when answering this question. He may be trying to satisfy you in a different way than you think to receive. (For example, he may be saying "I love you!" by filling your car's gas tank and you didn't realize that until now)
4. How well do you and your husband know each other? How can you get to know each other better?
5. Is your love a sanctuary for your husband from the demands of the world? How can you improve in this area?

Chapter 8: "Satin Sheets Slide"

1. When you give your husband a gift, do you take his wants/needs into consideration above your own?
2. Is God the center of your marriage? If not, write a simple prayer out, asking God to come into your marriage.
3. Is your husband able to feel safe with you? (Can he trust that you won't tell his private information to your friends? When you are angry with a co-worker, does he know that it's not him you are angry with?)
4. When your husband opens up (for example, tells you about a problem he's going through with his parents), how do you handle that situation?
5. Are you in competition with your husband with your career? With having successful relationships with your children?

Chapter 9: "Pillow Talk"

1. Do you often praise your husband? If not, start now. List 3 things you can praise him about to get you started, then look at him daily for new things deserving of your complements.
 -
 -
 -
2. Think about your words to your husband, children, friends, etc. Are they often gentle, complementary, sweet and loving? Or are they harsh and critical?
3. Think about the people you love: when was the last time you complemented them? Told them you are glad they have blessed you by being a part of your life? If it has been a while, tell them now! Make a list!
4. How is the communication in your relationships? Clear? If not, it's time to work on those communication skills. List some ideas for improving communication.
5. Before falling asleep, make the last thing you say to your husband something special, such as I love you. List a couple of ideas of things to tell him as you turn out the lights.

Chapter 10: "Make Him Feel Safe Enough To Love You"

1. Can your husband trust you not to manipulate him? Think carefully before answering this one, and be completely honest with yourself.
2. Do your children see and hear you speaking badly about your husband? If so, then it is time to change that behavior. If you're having trouble with your husband and need to talk or vent, do so when neither your children or husband will hear, and do so with someone you can trust NOT to divulge anything you say.
3. Is your husband hiding emotionally as described on page 121? Explain.
4. Does your husband really know you? Why or why not?
5. Are you harboring unforgiveness for your husband? Explain.

Chapter 11: "Who Can Find a Virtuous Woman?"

1. How constant is your love for your husband? Even during a heated argument, does he know you still love him?
2. In what ways are you willing to be vulnerable to your husband? How can you improve in this area?
3. How similar are you and your husband? Mentally and emotionally? Do you share goals?
4. How safe does your husband feel with you? How can you be his safe harbor if you aren't already?
5. Do you have time for your husband or are you too busy? How can you rearrange your priorities to include time for him?
6. Are you suffering with old wounds from your husband? If you continue ignoring them, you may miss out on a new level of intimacy with him. List some old wounds you need to forgive, so you may become the wife God wants you to be.

