For Male Victims Of Abusive Women

Today's podcast is for male abuse victims.

I've gained quite a few male followers of my work over the years. This made me realize I haven't spoken about anything specifically for you, so I decided to change that.

Men abused by women, whether that woman is a mother or wife, are in a bad position. Society seems to have even less empathy for them than it does for female victims of male abusers. As if men are supposed to be too tough to be abused by a woman, & if they are, they must not be "real men" (whatever that is). I want you men to know that is NOT the case!!

Abusers come in all forms & abuse all kinds of people. Abusers convince their victims of many lies that leave victims feel powerless to leave. Some of those lies are as follows.

Abusive women convince victims that their abuse is the victim's fault. They convince their victims if they were just somehow better, smarter, more successful or more attractive, that the abuse would stop. Yet, victims always fall short of what the abuser wants. This won't stop a victim from trying though, because he hopes that if he can just do whatever his abuser wants, he can earn her love or approval, the abuse will stop & she will treat him well.

Abusive women threaten to hurt those victims love, in particular their children. There are so many stories about abusive husbands who threaten to kill the children if the wife leaves. This happens when abusers are women, too. They threaten to take the kids far away so he will never see them again, to send them away to school, & more. Women abusers also have no trouble involving the legal system & telling the police or courts that the husband is abusive even when he is the only loving parent the children have. Men in this position often figure it is best to tolerate the abuse rather than risk this happening to their children.

Abusive women manipulate their victim's friends & family, often leaving him alone & without support. Women can be incredibly manipulative, especially abusive ones. They can cry at will, & they can make anyone believe anything they wish. They even can turn a victim's friends & family against him with her lies.

Abusive women destroy their victim's self esteem. They make their victims believe that they are so ugly, stupid, useless, etc, that no one else would be willing to put up with them. They also convince them that without the woman in his life, he couldn't make it. He needs her to survive.

Abusive women destroy their victims financially. Whether they squirrel away every penny he earns in private accounts to which he has no access or they get him into debt, their victims are often left financially destitute & with a terrible credit report. Often, they also get victims fired by frequently showing up at his job to fight with him or by making him call out often. This makes victims unable to get a decent job if it happens repeatedly, & she uses it to prove to him what a failure he is.

Men in these awful situations don't need judgment, laughter, mocking or criticism. They need your prayers, love, understanding, empathy & practical help.

Those of you men in these situations that are reading this right now, my heart truly goes out to you. Please know you are NOT alone! You also aren't less of a man in any way just because your abuser happens to be a woman. Don't be ashamed! You have no reason to be. Your abuser, however, has plenty of reason to be ashamed! Let her carry her shame, & you refuse to do so!

Thank you for listening to my podcast!